Train the Trainer Program - Agenda

Online Intensive | Winter 2027

The TEND Train the Trainer program provides a comprehensive curriculum for working effectively in high-pressure, trauma-exposed environments. Designed for both educators who train others and leaders seeking to drive systemic change, this program equips you with evidence-based strategies to address secondary traumatic stress (STS), burnout, moral distress, and related challenges in the workplace.

About the Instructor



Diana Tikasz MSW, RSW, has worked in the teaching and health care sector for over 30 years, including a Resilience Specialist in a large Ontario-based hospital. Her extensive career has involved facilitating trainings for many organizations, groups, and individuals to foster optimal well-being while doing trauma-exposed work.

Note that this course runs in Eastern Time (ET). Please remember to convert meeting times to your local time zone.

Day 1 | Wednesday, January 20, 2027 | 9:00 AM – 4:30 PM ET

AM	Assessing Your Areas of Strengths & Concerns
PM	New Research on Managing/Addressing STS and Related Concepts

Day 2 | Wednesday, January 27, 2027| 9:00am – 4:30pm ET

AM	Organizational Health Essentials
PM	Delivery Modalities for Specific Audiences

Follow-up Q&A Session

Wednesday, February 17, 2027 | 1:00pm - 2:15pm ET