Debriefing & Mutual Support Program - Agenda

Online Intensive | Spring 2027

The TEND Debriefing & Mutual Support Program helps participants create and implement tailored, evidence-informed, and sustainable debriefing practices that address both the immediate aftermath of critical events and the ongoing accumulation of stress in trauma-exposed work. In this program, you will learn which debriefing approaches are most effective and safe for your unique workplace; how to develop clear guidelines for primary, secondary, and tertiary support; and strategies to facilitate, evaluate, and adapt debriefing sessions over time.



About the Instructor

Françoise Mathieu, MEd, RP, is an educator, speaker, and trauma-trained therapist. She is the author of *The Compassion Fatigue Workbook,* founding member of the Secondary Traumatic Stress Consortium, and the Executive Director of TEND.

Note that this course runs in Eastern Time (ET). *Please remember to convert meeting times to your local time zone.*

Day 1 | Tuesday, April 6, 2027 | 9:00am - 4:30pm ET

AM	Introduction to debriefing and addressing the impacts of trauma exposure
PM	Exploring the continuum of D/MS practices to support your people

Day 2 | Wednesday, April 7, 2027 | 9:00am – 4:30pm ET

AM	Building the scaffolding to support your people + facilitation skills
PM	Creating a culture of mutual support in your workplace

Day 3 | Thursday, April 8, 2027 | 9:00am – 12:00pm ET

AM	Creating your Action Plan

Follow-up Q&A Session

Wednesday, May 5, 2027 | 1:00pm - 2:15pm ET