

Train the Trainer Program - Agenda

Online Intensive | Fall 2026

The TEND Train the Trainer program provides a comprehensive curriculum for working effectively in high-pressure, trauma-exposed environments. Designed for both educators who train others and leaders seeking to drive systemic change, this program equips you with evidence-based strategies to address secondary traumatic stress (STS), burnout, moral distress, and related challenges in the workplace.

About the Instructor



Françoise Mathieu, MEd, RP, is an educator, speaker, and trauma-trained therapist. She is the author of *The Compassion Fatigue Workbook*, founding member of the Secondary Traumatic Stress Consortium, and the Executive Director of TEND.

Day 1 | Wednesday, October 14, 2026 | 9:00 AM – 4:30pm ET

AM	Assessing Your Areas of Strengths & Concerns
PM	New Research on Managing/Addressing STS and Related Concepts

Day 2 | Wednesday, October 28, 2026 | 9:00am – 4:30pm ET

AM	Organizational Health Essentials
PM	Delivery Modalities for Specific Audiences

Follow-up Q&A Session

Wednesday, December 9, 2026 | 1:00pm - 2:15pm ET



Note that this course runs in **Eastern Time (ET)**. Please adjust your schedule accordingly.