

Debriefing & Mutual Support Program - Agenda

Online Intensive | Fall 2026

The TEND Debriefing & Mutual Support Program helps participants create and implement tailored, evidence-informed, and sustainable debriefing practices that address both the immediate aftermath of critical events and the ongoing accumulation of stress in trauma-exposed work. In this program, you will learn which debriefing approaches are most effective and safe for your unique workplace; how to develop clear guidelines for primary, secondary, and tertiary support; and strategies to facilitate, evaluate, and adapt debriefing sessions over time.



About the Instructor

Françoise Mathieu, MEd, RP, is an educator, speaker, and trauma-trained therapist. She is the author of *The Compassion Fatigue Workbook*, founding member of the Secondary Traumatic Stress Consortium, and the Executive Director of TEND.



Note that this course runs in Eastern Time (ET). Please remember to convert meeting times to your local time zone.

Day 1 | Tuesday, November 3, 2026 | 9:00am - 4:30pm ET

AM	Introduction to debriefing and addressing the impacts of trauma exposure
PM	Exploring the continuum of D/MS practices to support your people

Day 2 | Wednesday, November 4, 2026 | 9:00am – 4:30pm ET

AM	Building the scaffolding to support your people + facilitation skills
PM	Creating a culture of mutual support in your workplace

Day 3 | Thursday, November 5, 2026 | 9:00am – 12:00pm ET

AM	Creating your Action Plan
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Follow-up Q&A Session

Tuesday, December 10, 2026 | 1:00pm - 2:15pm ET