



# The TEND Foundations Course

Essential Skills for Professionals  
Working in High-Stress Environments

September 9th, 2024

Whether you're new to the field or looking to deepen your understanding of trauma, secondary traumatic stress, trauma-informed practice, Psychological First Aid, or essential tools for supporting staff in challenging settings, **this workshop is designed for you.**

Join us on September 9th in New Brunswick for an enriching, full-day event led by TEND Executive Director Françoise Mathieu. With over 20 years of experience supporting professionals in trauma-exposed environments, TEND has distilled its most valuable insights into this comprehensive course.

For those considering TEND's intensive programs, such as **Train the Trainer** or **Debriefing and Mutual Support**, as well as our upcoming Trauma-Informed Practice program, this day offers a crucial foundation and a springboard for further learning. Don't miss this opportunity to gain cutting-edge insights and practical skills to enhance organizational health.

[CLICK TO REGISTER](#)

Have questions about this training or interested in registering a group?



Email [info@tendacademy.ca](mailto:info@tendacademy.ca) or call (613) 539-2482

## Registration Includes:

- Full day of in-person training
- Access to an online workbook to help you apply the concepts to your work and life
- Coffee & tea during breaks
- Lunch

**\$299 CAD + tax**  
(Group rates available)

## Event Details:

**Monday, September 9, 2024**

**9:00 AM – 4:00 PM AT**

Doors open at 8:30 AM

**Delta Marriott Saint John**

39 King Street

Saint John, New Brunswick

E2L 4W3



## Françoise Mathieu, MEd, RP

Françoise Mathieu is an educator, speaker, and trauma-trained therapist with over 25 years working in the field of mental health and crisis work. She is the author of *The Compassion Fatigue Workbook*, founding member of the Secondary Traumatic Stress Consortium, and the Executive Director of TEND.

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