

# Trauma-Informed Practice Program - Agenda

Online Intensive | Fall 2026

The TEND Trauma-Informed Practice Program is an intensive course designed to help organizations translate trauma-aware principles into practical, measurable strategies for their workforce. Participants explore how trauma impacts individuals and systems, learn how to build and sustain trauma-informed practices within their own context, and leave with a clear action plan and tools for implementation.

## About the Instructor



**Françoise Mathieu, MEd, RP**, is an educator, speaker, and trauma-trained therapist. She is the author of *The Compassion Fatigue Workbook*, founding member of the Secondary Traumatic Stress Consortium, and the Executive Director of TEND.

### Day 1 | Tuesday, September 5, 2026, 9:00 AM – 4:30 PM ET

AM	The Foundations of Trauma-Informed Practice
PM	Trauma-Informed Practices on an Individual Level

### Day 2 | Tuesday, September 22, 2026 | 9:00am – 4:30pm ET

AM	Trauma-Informed Practices on an Organizational Level
PM	Creating Your Action Plan + Overcoming Frictions

## Follow-up Q&A Session

Tuesday, October 20, 2026 | 12:00pm - 1:15pm ET

 **Note that this course runs in Eastern Time (ET).** Please adjust your schedule accordingly.